

We are cooking up something new at Meals on Wheels!

In the coming months, be on the lookout for "new" menu items on the Meals on Wheels program.

Starting in September, you will see some older, outdated recipes replaced with some fresh, new recipe ideas.

<u>We've highlighted, below, recipes coming soon to showcase</u> <u>their deliciousness!</u>

Oct. 11th - <u>Banh Mi Pork</u> – A tender pork riblet, topped with BBQ sauce & fresh slaw, atop a sandwich roll. It will be sure to please sandwich lovers.

Oct. 17th – <u>Fish w/ Chimichurri Sauce</u> – A savory sauce made with garlic and parsley. It's delicious over most any food, but here you can enjoy it served over fish.

Oh, and no worries, we will continue to serve-up many of your favorite meals, including the Hot Dog, Vegetable Cheese Bake, Mac & Cheese, Chicken Cranberry Salad, Meatloaf & Gravy, Baked Potato & Chili meals, and more.

Tri-Valley receives federal financial support under the Older Americans Act provided by the Central Massachusetts Agency on Aging and the Massachusetts Executive Office of Elder Affairs.